



Agenda

AT-A-GLANCE

7:30 am **EARLY MORNING MINGLE & REGISTRATION**

8:30 am Opening Remarks, Dr. Howard Conter, Emcee

8:50 am Lois Campbell, Spartan Wellness

9:25 am Samantha Zahra, Nellie Health

10:00 am **MORE MORNING MINGLE**

10:35 am Piero Corradetti, 8 Pillar Program

11:10 am Dr. Tania Bielak, Wise Mind Psychology

11:45 am Mike Sears, Halifax Regional Fire & Emergency

12:20 pm **MINGLE & MUNCH**

1:25 pm **KEYNOTE:** Dallas Alexander

2:30 pm **MID-DAY MINGLE**

3:05 pm Natasha Halliday, Emerging Resilient Counselling
& Psychotherapy

3:35 pm John Langan, Iskocēs Tipiskak: A Spark in the Dark

4:10 pm Closing Remarks