



Agenda

AT-A-GLANCE

- 7:30 am **EARLY MORNING MINGLE & REGISTRATION**
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- 8:30 am Opening Remarks, Dr. Howard Conter, Emcee
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- 8:50 am Natacha Dupuis, Master Corporal, Ret'd
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- 9:25 am Patricia Lovett-Reid, Goldhar & Associates Ltd.
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- 10:00 am **MORE MORNING MINGLE**
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- 10:35 am Adam Conter
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- 11:10 am Dr. Lisa Couperthwaite
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- 11:45 am Dan Hearn, Conscious Revolution Coaching
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- 12:20 pm **MINGLE & MUNCH**
-
- 1:25 pm **KEYNOTE:** Dr. Duncan Shields, Blueprint
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- 3:00 pm **MID-DAY MINGLE**
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- 3:20 pm Paul Bromby
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- 3:55 pm Chris Piva, Paramedic, Medically Ret'd
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- 4:25 pm Closing Remarks